

Sonia Semenic, MSN, PhD

Dr. Semenic received her PhD in Nursing from McGill University in 2005. She holds a CHSRF postdoctoral fellowship in multiple intervention program evaluation in community perinatal health under the primary supervision of Dr. Nancy Edwards. Her initial career was clinically focused, including roles as a clinical nurse specialist, lecturer and clinical instructor, and certified lactation consultant. Sonia's doctoral work focused on personal and contextual factors influencing the duration of exclusive breastfeeding among first-time mothers. Her specific areas of interest include breastfeeding promotion and support; cultural diversities in perinatal health behaviours; postpartum care delivery models; perinatal smoking cessation and relapse prevention; and evidence-based perinatal care. Sonia's goals for her postdoctoral training are to broaden her knowledge and research skills related to health services evaluation, knowledge transfer and exchange, and health policy-making.